

# MATHEMATICAL SKILLS

Here are five ways to develop your mathematical skills.



1.

## **DON'T MEMORISE FORMULAE.**

Maths is all about understanding over memorising. Try and make sense of patterns, sequences and formulae. Avoid learning anything by rote.

2.

## **PRACTICE IT DAILY.**

Your mathematical skills can only develop if you practice each concept individually. Find instances where you require counting and avoid using any equipment for the same.

3.

## **SOLVE MATHEMATICAL PUZZLES.**

One of the best and most fun ways to develop your mathematical skills is by solving the daily puzzles in newspapers. Additionally, you can buy a puzzle book for more mindbenders.

4.

## **MEASURE DISTANCES ORALLY.**

Avoid using Maps to estimate the time taken to get to your destination. Use your watch and calculate time, distance and speed in your head instead.

5.

## **START COOKING.**

The most practical uses of mathematics is in cooking. Once you get the hang of it, create your own recipes using measurements as per the calculations in your head.